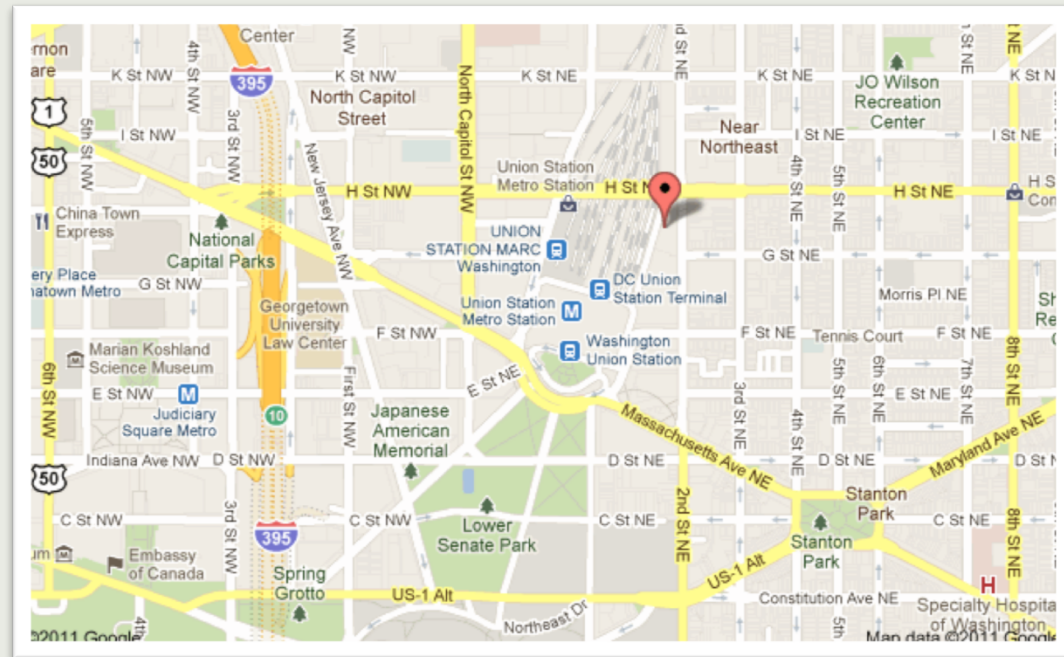


Getting to the Center for Total Health

The easiest ways to get to the Center for Total Health are by taxi or Metro (subway). If you plan to drive, public parking is available at Union Station.

- Nearest Parking Lot: Union Station Public Parking
 - Entrance on H Street NE overpass
 - Information available at:
<http://www.unionstationdc.com>
- Directions from Union Station:
 - Enter Union Station, head toward Amtrak Gate L.
 - Go through glass double doors.
 - Follow the signs to Kaiser Permanente's Capitol Hill Medical Office Building, which are placed along the walk from Union Station.
 - When you reach the entrance into KP, bear left toward the elevators.
 - Take the elevators to G (ground floor)
 - Exit to the sidewalk, turn left, and walk two doors North to the Center for Total Health



Please note that three entrances share the address of 700 2nd Street NE. The Center for Total Health entrance is the northernmost entrance.